

Event is not timed so feel free to take your sweet time.

All proceeds go to FOCUS-R Inc.

June 1st, 2013

Event starts at 9am with pre-event meeting at 8:45am
Registration opens at 7am
Meet at Town & Country Christian Church
2133 Tucker Rd, Shelbyville, IN 46176

Registration:	
Name:	
Address:	
City:	State: Zip:
Phone: Er	nail:
Race Day Age: Sex: M F	
Are you an individual with a disability:Ye If so, please list: Mode of Transportation: Run/walk Bike R	
Preregistration: (Ends 3-29)\$15 without Registration:\$20 without event t-shirt	
Would you like emails about future FOCUS-F Would you like more information on the serv Mail registration form and fees to: Focus-R Inc P.O. Box 684 New Palestine, IN 46136	

All proceeds go to Focus-R Inc. FOCUS-R Inc. is a not-for-profit recreational activities organization serving the developmentally and intellectually disabled, and special care needs communities. Focus-R Inc. is dedicated to the inclusion and equality of children and adults with developmental disabilities and/or mental illness throughout the community and teaching core life skills to develop independence and self-worth through a Christian perspective. Focus-R Inc. is a new and growing organization. Focus-R Inc. uses recreational activities as a means of teaching skills and provide opportunities for community integration. Activities aim to produce feelings of self-determination, self-worth, competence, independence, and enjoyment while promoting hand-eye coordination, fine and gross motor skills, cognitive learning, health, safety, and social and living skills. Activities are adapted to meet the specialized needs and skill levels of our participants. Focus-R Inc. is new and ever-expanding with plans for a weekend respite care home, adult daycare, after school program, vacations program, and more.

Registration will open at 7:00 AM, a pre-event meeting at 8:45 AM and the event will start at 9:00 AM. Please arrive with enough time to check in and attend the pre-event meeting. Registration form and waiver form must be completed and fees must be paid in order to participate.

Those participating on bicycles will start the event. Then in 5 minutes intervals the next groups will start. Wheelchair participants may push themselves or be pushed by a partner. Powerchairs are allowed but please keep in mind they will get dirty. Participants on foot may push their small children in a stroller. Participants 5 years and younger may participate free of charge. Sorry, pets are not permitted to participate.

A waiver will need to be signed prior to participation and will be available at registration. Each participant will receive a swag bag at check in. Participants must come ready to get colorfully dirty and **MUST** wear a white t-shirt. Periodically throughout the course volunteers will throw a different color of powder. The color is 100% safe but will stain your clothes. Your skin may become stained but the color can be removed safely with a baby wipe or soap and water. This is not a timed event so feel free to take all the time you need. There will be post-event festivities, food, and live music. Family members of participants are more than welcome to join in on the fun!

Sorry but we cannot issue refunds. If you are unable to participate after registering come on by and pick up your t-shirt and swag bag and maybe stay to cheer on the other athletes and enjoy the post-event festivities.